NOTICE RANGEMENT STUDIO

Important Safety Information

Prior to assembly,remove,copnents from the box and verify that all the listed parts were supplide.

NOTE: Hand tighten bolts and nylon until machine is fully assembled.

CAUTION!

Read all precautions and instructions in this manual before using this equipment.

WARNING!

Before using this unit or starting any exercise program, consult your physician. this is especially important for persons oer the age of 35 and/or persons with pre-existing health problems. The products LP assumes no responsibility for personal injury or property damage susyained by or through the use of this product.

It is the owner's responsibility to ensure that all users of this unit have read the owners manual and are familiar with safety information and precautions.

SAFETY PRECAUTIONS

This unit should only be used on alevel surfaceand is intended for indoor use only. We recommends an equipment mat be placed under the unit to protect the filor or carpet and for eacser cleaning.

• Wear comfortable good-quality walking or running shoes and appropriate clothing. Do not use this unit wit bare feet, sandals,socks or stockings!

• Always examine your unit before using to ensure all parts are in working orer

• DO ont leave children unsuperrivsed near to the unit.

The composing of accessories :

PART NO	DESCRIPTION	Q'TY
1	M12 Washer	48
2	M12X100 Hex Bolt	8
3	M12X95 Hex Bolt	16
4	M12 Nylon Nut	24

